

Diabetes Care Flow Sheet

This flow sheet indicates minimum services to be provided in the continuing care of persons with diabetes according to recognized standards of care. It is not intended to preclude more intensive evaluation and management where medically indicated. This tool is based on the 2007 American Diabetes Association's Standards of Medical Care in Diabetes.¹

Patient Name: _____

DOB: _____ ID#: _____

Type of Diabetes (circle one): 1 2

Year of Diabetes Diagnosis: _____

Date of Visit: _____

		Yes/No	Results	Action Taken
EVERY VISIT	Weight			
	A1C Hemoglobin A1C every 3-6 mo (Goal <7%)			
	Review Self-Monitoring Blood Glucose Log			
	B/P (Goal <130/80 mm Hg)			
	Foot Exam Visual			
ANNUAL	Foot Exam (e.g., sensation, structure, biomechanics, vascular, skin integrity)			
	Urinary Microalbuminuria			
	Fasting Lipid Profile			
	Total Cholesterol (Goal <200 mg/dL)			
	LDL (Goal <100 mg/dL)			
	HDL (Goal Men >40 mg/dL, Women >50 mg/dL)			
	Triglycerides (Goal <150 mg/dL)			
	Dilated Eye Exam (P/R)*			
	Flu Vaccine			
	Waist Circumference (Goal Men <40 in, Women <35 in)			
COUNSELING	Self-Management Education (C/R)*			
	Nutrition Therapy (C/R)*			
	Exercise/Physical Activity Therapy (C/R)*			
	Smoking Cessation			
	Preconception Counseling			
OTHER	Recent Severe Hypoglycemia			
	Recent Diabetic Ketoacidosis			
	Vaccinations (Please specify)			
	Hospitalizations (Please specify)			
	Other (Please specify)			
	Additional Comorbidities			

* Circle C for counseled, P for performed or R for referred.

1. Adapted from American Diabetes Association. Standards of medical care in diabetes. *Diabetes Care*. 2007;30(Suppl1):S4-S41 and American Heart Association, Numbers that Count for a Healthy Heart. Available at: <http://www.americanheart.org/presenter.jhtml?identifier=3038638>. Accessed June 4, 2007.

Next Steps:

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